

MEET THE
ARTIST



About Me



BIN APPÉTIT

FLEX GAINNES

ABOUT ME

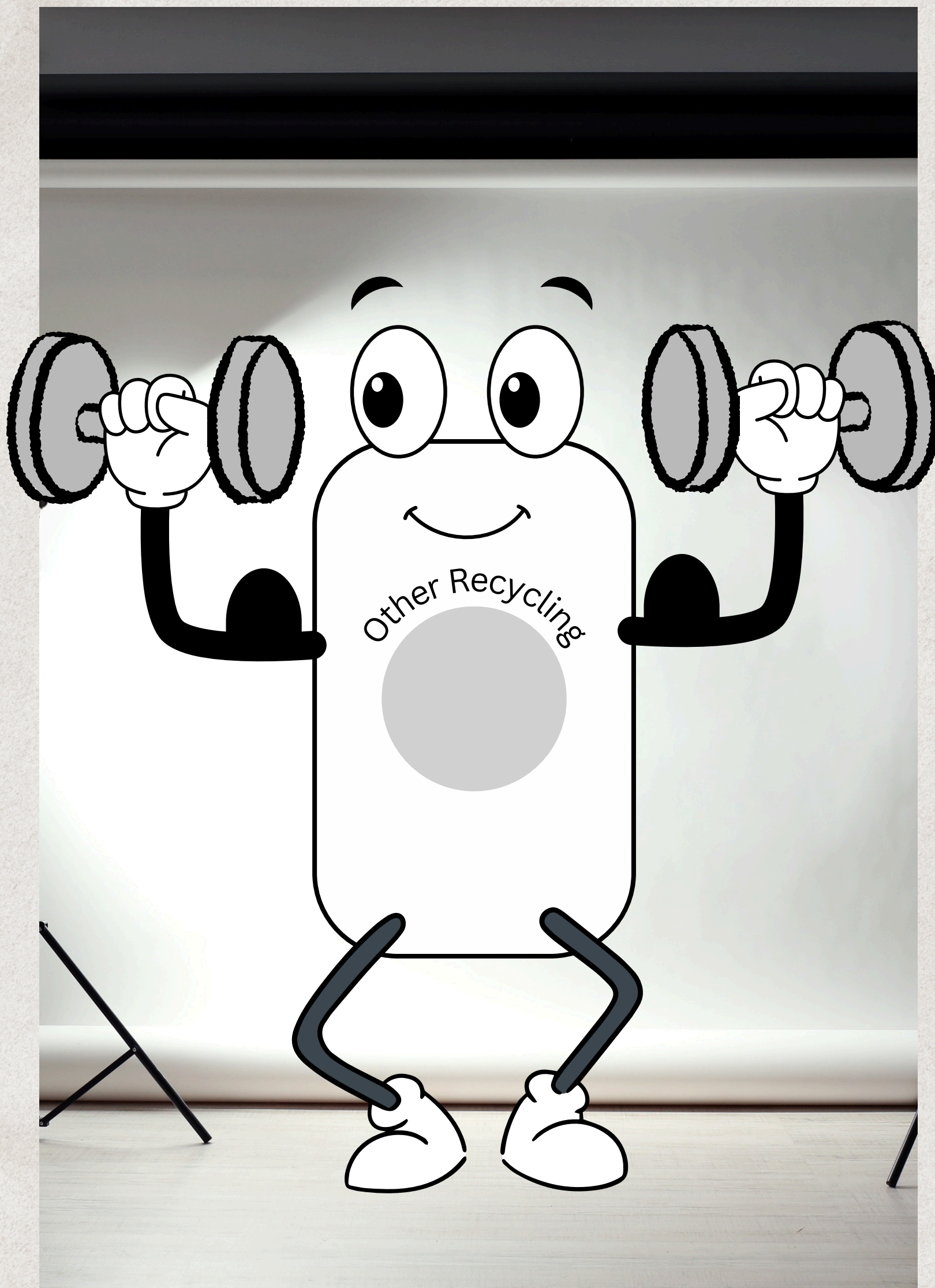
Yo, I'm Flex. I sort. I shred. I recycle. My ideal date is rinsing hummus tubs under a cold tap and talking MRF (Materials Recovery Facility) stats. Gym enthusiast turned binfluencer. Obsessed with emptiness (my containers, not my soul). I keep it clean(ish), dry, and sorted like my protein drawer.

BIO

Diet
Clean and lean
recyclables.

Colour
White or sometimes
yellow

Favourite Food
Rinsed jars, lean
plastics, protein
shake containers
(empty, mate).



LOVES

Call me Flex. I like my bins how I like my macros: balanced and mostly empty. You don't need to deep-clean your peanut butter jar, just don't leave me a full spoon's worth and act like we're cool. I'm all about efficient effort, clean form, and gains that don't gum up the system.

ALLERGIC TO



Coffee cups make me
spew!



Entire pizza boxes ("No
oily bits and scraps!")



People who say "it'll sort
itself out"



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NO DIRTY BULKING.
ONLY CLEAN
RECYCLABLES, MATE!



WISHCYCLING?
("DON'T JUST YOLO
IT IN HERE, MATE.")



BE BIN SMART



OTHER RECYCLING



ANU GREEN